

MANASQUAN HIGH SCHOOL

— Blue and Gray —



**MHS STUDENTS DISPLAY
THEIR TALENTS AT THE ART
SHOW!**



ALSO IN THIS ISSUE...

Vietnam Veterans
Day
Fishing Club State
Champs
Student Profile
Senior Sendoff
Music in the Park
MHS Dance Show
And More!

SENIOR PROM!





The Blue & Gray
Manasquan H.S.
2022-2023
Issue Seven

Editors:
Reagan Scime &
Jacquelyn Stewart

Staff:
Austin Griffith
Casey Bennett
Teddi Campi
Sydnie Chek
Kiki D'Apolito
Julia Fahy
Lindsay Fuller
Natalie Gallagher
Lily Hendricks
Angelina George
Niky Li
Hudson Gorham
MJ Murray
Isabella Lopez
Cristian Jose
Morgan Mechler
Jessica MacKown
Ainsley Price
Lukas Nordell
Finley Nielsen
Ronnie Whille
PJ Yasenchak
Cameron Lonergan

Advisor:
Mr. James Mawn

**Music in the Parks Winners:
MHS Band and Choir!**

By Percy Yasenchak



When it comes to our music department, MHS can't be beat.

Each year, a competition is held across the East Coast to judge the musicality of the band and choral departments in each school. After claiming the trophy back in 2022, the MHS choir has won first place for a second time, winning the Superior award (5/5). Not only that, but the Concert Band shared in the glory as well, winning second place in their division of performance.

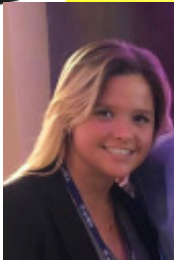
Ms. Schille, the MHS choir director, accepted the 1st place trophy, and it now sits comfortably on her desk. "I'm just so proud of every single student for their hard work and dedication," she proclaimed. "the scores from last year to this year show just how much we've improved, and how incredibly we performed."

After an hour long bus ride, choir students had the privilege of listening to the concert and jazz band competition pieces, for both high school and elementary school levels. After their stellar performances, another bus ride was taken to a different high school, where the band kids watched the elementary and high school choir performances.

More importantly for the students, however, was what happened next; 6 hours of fun at Dorney Park, an amusement park in Pennsylvania. They ate crabfries (fries with Old Bay seasoning) and cotton candy, went on rides like Steelforce and Talon, and took a break to listen to the Music in the Parks awards ceremony, where they learned of their 1st and 2nd place trophies respectively. Afterwards, a relaxing 2 hour long 8:00pm bus ride home lulled some members to sleep, and left others thrilled and excited for a week of gloating to family and friends. Without a doubt, the kids earned their superior rankings, and loved their time, making Music in the Parks.

**MHS JUNIOR GOING TO
NATIONAL LEADERSHIP
CONFERENCE COMPETITION!**

By: Jacquelyn Stewart



**MADELINE
JOHNSON**

Whether it's a school sport or club, getting to compete in championships is a huge deal and thanks to Madeline Johnson, she's bringing Manasquan High School to a national championship in Atlanta, Georgia to compete in the FBLA National Leadership Conference!

From June 26th to July 1st, junior Madeline Johnson will be competing among other members of the FBLA from around the country in the National Leadership Conference.

"I'm really excited and grateful for this opportunity," said Madeline. "I'm also super appreciative of Mrs. Hoeler for coming with me."

Introduced to MHS by Mrs. Hoeler, the FBLA, or Future Business Leaders of America, is a national organization that helps students prepare for careers in the business world through innovative leadership and career development programs.

For their first event in December, the kids took a

written test to place in the district. Senior Taylor Hamarich and junior Luke Roy qualified with Madeline for states in Atlantic City in March.

At states, each student had something different to do. Taylor completed a case-based study, Luke had to take a test and Madeline was given an interview. With Madeline placing in third along with two FBLA state officers, she officially qualified for nationals.

"I was thrilled," says Mrs. Hoeler, "I never expected us to do all of this in our first year as a club."

For the national competition, Madeline will be traveling to Atlanta where she will take an objective test, be interviewed by a panel of judges and present a resume and cover letter over the course of the five days she's there.

The FBLA has been working hard to fundraise for Madeline's trip to Atlanta. In May, the FBLA hosted a Pie Your Teacher event, where teachers such as Mrs.

McHugh, Maestra, Mr. Savacool, and even Mr. Goodall volunteered to get pied in the face to fund Madeline's trip. Students donated \$1 per ticket to contribute to the event held on May 23. The fundraiser was very successful as students went outside to watch their favorite teachers get pied in the face for Madeline.

On May 24th, faculty hosted a jeans day where teachers paid to wear jeans to school to support Madeline's trip.

As Madeline prepares for the competition, the FBLA continues to support her trip, as well as getting ready for next year with Madeline and Luke as the co-presidents ready to take the FBLA to greater heights and continued success.

Below: The FBLA posing at MHS after placing in the top ten in Atlantic City



MHS Art Students Show Off Their Talents

By: Sydnie Chek

MHS art students and parents flow in and out of the building as watercolor paintings, ceramics, and sculptures fill the media center.

The MHS art show took place on Wednesday, May 31st and featured many students' works. The show included works from classes like painting, ceramics, cultural arts, digital photography, and more. There were many different mediums displayed including oil paint, cardboard, fabric print, and acrylic paint.

Sophomore Rose Behler

Below: Oil Painting by Rose Behler



Painted a magical, colorful flower using oil. She was inspired by a flower at her aunt's house that caught her eye. "I love painting nature and especially flowers," she said. "I wanted to paint something I would enjoy working on for so long."

She was intrigued by the bright colors and said that she

Below: Photograph Taken by Alycia Holmes



Above: Oil Painting by Dalie Healy

learned a lot from color mixing. Rose said, "I think the art program introduces a lot of new techniques and ways to paint that I had never heard of before and I am grateful for that because now I can apply the things I learned when I paint or draw at home or in other classes."



Above: Ceramic Pancakes by Emma McNulty

Senior Dalie Healy was inspired by a photo of her and her dog, Marley, who passed away in December 2022. "It was from when he was about a year old and I was around 5," Dalie said. "We were on a family camping trip and my mom got this photo of Marley and I looking at the sky. It's always been one of my favorite photos and it was my first choice for this project."

Some of the art shows' other favorites were ceramic pancakes made by freshman Emma McNulty, a photograph of Echo, our school's security dog, taken by senior Alycia Holmes,

and boards filled with paintings by AP Art students like seniors Lily Ducharme, Emma Brown, Liza Krasowski, and Meghan Stehle.

"I thought it was a really great showing," said art teacher Ms. Herman. "There were a lot of people, and the quality of the work keeps getting better." The art show has been around at MHS for what feels like forever. It is a great way to display and celebrate all the hard work and talent created by students throughout the year.

"I think my favorite part

Below: Works by Lily Ducharme



about the art show is right after we set up and we get to see all the art on display. It is so impactful, and I love to see what everyone created," said Ms. Herman.

"I think Manasquan offers an art class for everyone and I would 100% recommend taking at least 1 during your time at MHS," added Dalie.

Celebrating Vietnam Veterans!

By: Ronnie Whille

Memorial Day originated in the years following the Civil War and became a federal holiday in 1971. People usually spend the day celebrating and honoring veterans who served in the armed forces.

On Wednesday, May 24th Manasquan High School honored veterans of the Vietnam War by holding a Vietnam Veterans Day event in the Media Center.

Students were able to go in during the day and talk to these veterans, while they told stories and showed things that were used in war. Students were shown how things like radios and clothes looked during that time.

Mr. Fagen, who is a teacher and a coach here at MHS, is in charge of this event. He said, "For the veterans, it is about allowing them to tell their stories and heal from the issues that they have either as a result of the war itself or how they were treated when they returned. It is also about them allowing their stories to be told."

After visiting the event, students Rylie Eldridge and Quinn Chapman had a conversation about their experiences with the veterans that Mr. Mawn said was a pleasure to overhear. "They were so respectful of the Vets and insightful of their struggles. That's what the day is all about," said Mr. Mawn.



"They have great stories. Once they get going, they don't stop", Rylie said, "we just learned about Vietnam in history, so being able to correlate it was so cool."

Not only do people come to tell stories, but they also come to recruit people who might be interested in special programs.

Any Vietnam Veteran is able to attend. Mr. Fagen



Above: Peter Meloro holding up a Vietnamese robe.

puts out invites to all the High School and Elementary teachers to bring their classes to it.

Mr. Fagen started this event back in 2013. "The Daughters of the American Revolution approached me as one of their events that year. It

was to give Vietnam Veterans the welcome home that they never received back in the 60s and 70s. They asked me if I was interested in organizing something and I said yes," said Mr. Fagen. "I booked the library and just put out an invite to Vietnam Vets. That first year we had seven vets attend and the numbers have since grown."

Along with the Daughters of the American Revolution, who make food and help spread the word, other groups who contribute to this event are the Manasquan VFW, Vietnam Veterans of New Jersey, NJ Vietnam Veterans Memorial, The Sea Girt Militia Museum, and Info-Age. Even the school's cafeteria provides coffee and food.

Lou Dziedzic, a marine from 1965-1969 said, "It is a great thing that the high school does here. We get to see how many kids are interested in Vietnam; it is nice to see."

MHS Dancers Light up the Jack Nickelson Stage

By MJ Murray

After many months of hard work, the spring dance show has finally come to Manasquan. Thanks to both crew members and the dancers themselves, it was a riveting experience. There was no place for boredom as the dances told insightful stories, or were simply beautiful to look at. With a total of 28 songs, they show catered to both those with a classical taste in dances and more contemporary pieces.

The show was not only performed by the dance classes that happen during normal school hours, but also featured dance club members. The mission statement of the dance club is "The MHS Dance Club aims to enrich the MHS dance program by highlighting the special talents of Manasquan High School students in the area of dance".

The show also hosted two solo performances. Isabella Lopez performed *Ribs* by Lorde, and *Hot Wings* by multiple artists, performed by Mattie Petrone. There were also two duets, *Beach Baby* by Bon Iver performed by Abby Cook

and Julia Nowak, and *See You Later* by Michael Giacchino, performed by Isabella Lopez and Jessica Slovak.

One of the most exciting parts of the show was the live music performed by Kieran McMenaman. He played piano and sang for the song *How to Save a Life* by The Fray. This accompanied a beautifully choreographed piece that was done by Mrs. Galano. Another of the things that were different from previous years was the variety of choreographers that designed the dances for this event. Normally, Mrs. Galano, the school's dance teacher, is the sole choreographer of the show, but this year the school was able to host multiple choreographers.

Olivia Miranda is a graduate of Ailey/Fordham, with a BFA in Dance and English. She has previously choreographed works for Asbury Park Dance Festival, Ailey Citigroup Theatre, Dixon Place, Rider University, The Tank NYC, and Bell Works.

Secondly, Dana "Lioness" Wiener is a member of the Ladies of Hip Hop Dance Collective and is not only a dancer, but and Artistic, Coordinator, Choreographer, and Co-Social Media associ-

ate. Finally, Heather Wanner, the owner of Shoreline Dance Academy and has a BS in Dance education and danced for a Nationally Ranked College Dance Team also choreographed some of the show's dances.

A few weeks before the event, the dance club hosted a car wash at the Manasquan Hook & Ladder Company to fundraise for the show. The fundraising continued at the show, with a concession stand and even a 50/50 raffle that took place in the 10-minute intermission. The concession stand had many sweet treats, with boxes of candy, water, and even cookies shaped like pointe shoes. It was a nice touch, and they were very delicious.

This was one of the best events I've been to all year. It was extremely entertaining and thought-provoking at times. It was well-organized and had many aspects that one could only find in professional dance companies. It is amazing to see high schoolers perform like this, with their dancing abilities stretching far beyond their age. It was amazing and look forward to next year's dance show.



Above: Dancers rehearsing for the show



Below: the Final pose for *How to Save A Life* by The Fray

The First Jazz Night

By: Natalie Gallagher



The MHS Warrior Jazz Band and the MES Jazz Band performed a number of songs in the MHS Media Center



Above: Junior Casey Finnegan singing

transforming it into a jazz club on the 25th of May. The bands were conducted by Mr. Wiemken and Mr. Clark respectively, while also featuring vocalist Casey Finnegan, bassist Donovan Brown, Alto sax player Finn Dougherty, trombonist Ryan McBride, and trumpet players Quinn Feeney and Anthony Bisazza.

The Warrior Jazz Band is composed of dedicated and skilled musicians ranging from freshmen to seniors.



Left to right: Alto sax player Finn Dougherty, trumpet players Quinn Feeney and Anthony Bisazza

The students in the band are determined by audition, so each person participating have a deep love and appreciation for both jazz and music as a whole. The audience could both feel and see this when watching the band. The enthusiasm was represented by students grooving with the music and their pride in one another once Mr. Wiemken introduced everyone. The environment that the band holds is that of utter support and love for music, and it translated on Jazz Night.

The selection of music brought to the audience by the Jazz Band included Norwegian Wood, Povo, Blue Skies, Begin the Beguine, Isfahan, They Can't Take That Away From 'em, Wonderful World, Groovemaster, After The Love is Gone, Can't We Be Friends, and Spain. Three of these songs were accompanied with vocalist Casey Finnegan, two of which she

amazingly had to learn six hours before the show even started. The night was filled with applause and impressive solos by the students mentioned above. Mr. Wiemkin made sure to highlight the two Warrior Jazz Band seniors Anthony Bisazza and Quinn Feeney, both playing trumpet, giving the night an even more sentimental meaning.

As for the future of the Warrior Jazz Band, Mr. Wiemkin shared that "Jazz Night was going to be a yearly occurrence." On top of performing for the school, the Jazz Band also participates in several competitions throughout the year along with attending several festivals. The experiences and skills honed participating in the Jazz Band propels students to develop a full knowledge of Jazz and an appreciation of it.

Senior Anthony Bisazza said it best. "Jazz Band made me find my love of jazz. It also made me want to pursue music in the future."

The attitude toward music in Manasquan has never been more positive, and students have Mr. Wiemken to thank for that.

A Night to Remember!

By: Chiara D'Apolito

Boy, did Manasquan High School send their seniors off with a night to remember! MHS's senior prom was hosted at Jumping Brook Country Club. This left the seniors, myself included with nothing but curiosity for what to expect as we have never attended this venue before. But let me tell you, the food, the setting, and the DJ did not disappoint!

When students arrived in

Once students were done taking photos and seeing all their friends outside, they headed back in.

In the center of the main venue was a huge dance floor surrounded by beautifully decorated tables. The tables were accompanied with pink table clothes, yellow napkins, and glasses of water which were sure to be used



Pictured Above: Photos from the photo booth!

their fabulous dresses and dapper suits, they were given a table number, then offered a chance to step out on the balcony and get a good look of its view. "It was stunning and made for some really good pictures, definitely a step up from last year's venue," senior Annabelle O'Donnell explained.

The balcony was right past the food and the photo booth. The long fenced in deck contained tables with chairs that overlooked the golf course in which the sun perfectly reflected light on to.

all the dancing that occurred. The back of the main room was lined with huge glass windows to bring all the natural light in making the room look even more magical for this special occasion.

Now let's get to the important part: The dancing. MHS senior, Alycia Holmes, who was seen on the dance floor most of the night, commented, "The DJ said it was his 100th prom ever hosting, he proved himself of his skills



because song after song got everyone on the floor jumping up and down." She wasn't wrong, groups of people were huddling up and waving their arms back and forth. At one point, a dance circle even opened where multiple students hopped in and did the worm.

Zack Martin, another senior, decided to take it one step further and pulled out a front flip, a skill that he in no way had. Everyone was left laughing when he

Pictured Below: Alycia Holmes and Jhameir Howard outside the venue!



got up and said, "I think I might've just broken my back." Luckily, there was no need to worry because the next second he was back at it again showing his moves and vibing to the songs.

Personally, I can attest a lot of dancing occurred, way more than at this year's junior prom for sure. I was grateful the bathroom was stocked with deodorant and hair ties. To be completely honest I do not think I've ever sweat so much, but it was so worth it. Eventually, the dancing was cut short, in order to make sure the students were energized, when they announced it was time for food.

After calling up the first 4 tables a competition rose. Whoever could show the host a picture of something first, their table was the next to go up for food. I have never been more grateful than when Alycia, who sat at my table, was the first to show him a picture of her dog. This meant it was time to grub! Our table immediately got up and we made our way over to the food.

The past proms we have attended had the usual, chicken tenders, fries, a salad, and some sort of pasta. However, Jumping Brook took it a step further. Their options ranged from a selection of salads, bougee rolls, chicken franchise, penne vodka, steamed vegetables, delectably seasoned potato wedges, and another type of meat with a brown sauce.

Everyone was devouring their food, rather than just picking at it like they would at previous proms. No one expected the food we'd be presented with to be so amazing. Most, if not all, the plates were cleared all the way. Dalie Healy raved about the food, "That chicken franchise was actually so amazing, I genuinely didn't expect the food to be so yummy." This reaction was common throughout the attendees.

Once everyone was stuffed and had enough time to digest the dancing begun again. More circles were formed, more jumping occurred, and even more sweat began to drip off everyone there. Eventually the DJ announced that there was dessert being offered in the hall, a selection of ice cream flavors and toppings. However, people were too caught up in the songs that very little went out to get a treat. This went on for a while until they finally announced prom court.

This year's prom king and queen were Isabella Lopez and Kieran McMenaman! The pair were sent off to a slow dance where they had to wave everyone else and their dates on the floor because people became too nervous to go up. Eventually the floor was packed again, and people were seen dancing with their dates. Once this occurred people slowly started leaving the venue after a fun filled night.

In all, I really enjoyed this senior prom. From the photo booth to the music it was definitely a night to remember and the best way to end off this senior year. I am forever grateful that MHS and Jumping Brook made this night so wonderful for all the students!



Pictured Above: Zack Martin, Brynn McDonald, Morgaan Mechler, and Jack Dett inside the venue!

Pictured Below: Prom King and Queen Isabella Lopez and Kieran McMenaman



Fishing Team Wins State Championship

By: Austin Griffith



The Manasquan Fishing Team stands with their 2023 state championship trophy.

On Sunday, May 21st, the 6th Annual Governor’s High School Surf Fishing State Championship was held at Island Beach State Park. After a great tournament, our very own Manasquan HS fishing team took the championship trophy home this year. This was a repeat of the team’s last state championship victory in 2021.

The team consisted of juniors Jack Mead, Nick Horvot, and co-president Parker Sowul along with co-advisors Mr. Eric Wasnesky and Mr. Jim

Freda. Surf conditions on Sunday weren’t great as there was a big swell constantly bringing in sets on the beach. As a result, not many fish were caught the entire day. The key to catching fish in these conditions was to time casts in between the waves, which is how our team had success. Sowul had the winning fish for the team as he reeled in a big 33-inch bluefish. Horvot also had a good catch on Sunday with a nice 17-inch bluefish. “After hearing the third and second place winners of the

tournament, we knew we were going to be the champs,” said Jack Mead, “It felt good to see Mr. Wasnesky and Mr. Freda happy for us too.”

In total, there were seven teams that competed for the state championship this year. Second place in the tournament went to Pascack Valley HS with a 32 7/8-inch bluefish, and Toms River South took third with a 30 inch bluefish. What a win for our fishing Warriors!



Parker Sowul stands with the trophy after catching the biggest fish of the tournament.

SENIOR SEND-OFF

Congrats....You Did It!
Thank-You's, Best Memories, Advice to Underclassmen, and Summer Plans...

Hey Seniors! What advice would you give to underclassmen, now that you're done...?



Enjoy the moment and don't try to grow up so fast because once its over, you wont get it back. Don't let anyone stop you from enjoying your own life

Sophia Flores Carpio

Just make sure, at least every once in a while, to take some time and think about what you want to do during high-school. And if you dont know, thats okay



Jonathon Kane

Just enjoy high school and don't think everything is so important. Just enjoy life right now because you will never get this back.

Liam Masselli



Don't worry about things you can't control. Stress harms you physically in ways that we don't expect. Put in your best effort and reward yourself when you succeed

Elizabeth Murray



Everything is going to be fine and although applying to colleges is scary, it all works out and you will end up where you belong.

Dalie Healy

Honestly, don't be scared to do anything. Be yourself and find out who you truly are. Don't let something small ruin your whole four years

Alyssa Keefe



SENIOR SEND-OFF

Congrats....You Did It!

Thank-Yous, Best Memories, Advice to Underclassmen, and Summer Plans...



Carly Coble: No one specific since everyone helped my high school experience and made it what it was



PJ Yasenchak: I would say Mrs. Schille because she inspired me to pursue the arts, and Mr. Harvey, who taught me that school can even be fun when taken seri-

S
e
n
i
o
r
s

S
a
y

T
h
a
n
k
s



Ever Mendoza: Mrs. Mura for helping me and giving me extra help. She is a really nice, respectful, and humble teacher



Bella Lopez: I'd like to thank my little sister since she has been my biggest supporter no matter what I've done. I would also like to thank my dance teacher, Mrs. G, for allowing me to create choreography for some of her shows and for inspiring me every day

SENIOR SEND-OFF

Congrats....You Did It!

Thank-Yous, Best Memories, Advice to Underclassmen, and Summer Plans...

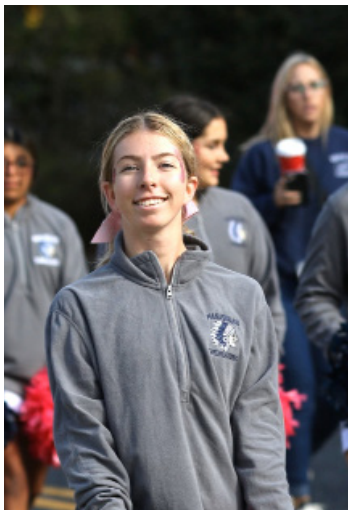


THANK



Rory Mathers thanks Mr. Fagen because, "he has helped me shape my future and given me a lot of advice and feedback."

Emilie Pierciey thanks Mrs Warncke because, "she has been the best coach for the past four years. She has helped me learn how to be a better asset to the team."



Mattie Petrone thanks Mr. Chiang because, "he is a great teacher and always made me laugh."



CJ Srou thanks Mrs. Schille for being, "a great music teacher and creating a safe learning environment."

YOU

SENIOR SEND-OFF

Congrats....You Did It!

Thank-Yous, Best Memories, Advice to Underclassmen, and Summer Plans...



Hey Seniors! What advice would you give to underclassmen, now that you're done...?

ADVICE TO FRESHMAN

Ava Ducharme



4 years goes quick, so enjoy it while it lasts

Carole Moran



Get involved: do sports, join clubs, go to games and homecomings!

Kiera Dunlevy



Always have an open mind and stay positive throughout the rest of ur high school experience

ADVICE TO JUNIORS



Dylan Federici

Don't check out senior year. It may seem cool but senior year is just as important as any other year. You still have work to do and if you really want to be exempt from Finals, you need to get your stuff down with good grades!

Katie Beavis

Get your essay done as early as possible! Complete all of your info on the common app and ask your teachers for rec letters ASAP. Try to get all of your apps in early to minimise the stress of your senior year



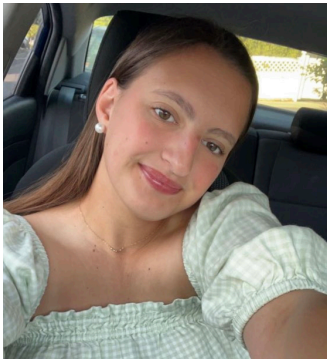
ADVICE TO SOPHOMORES

Ellie Feuster



Junior year can be stressful at times, so it's important to manage your time well and keep on top of your work

Ava Vukovich



Don't stress about collage yet, but Junior year is the best time to really build out your resume, so get as involved as you can

Carolyn Height



Don't get senioritis too early, and go to class!

SENIOR SEND-OFF

Congrats....You Did It!

Thank-Yous, Best Memories, Advice to Underclassmen, and Summer Plans...



SENIOR MEMORIES



Emilie Pierciey:
"My best memory from Manasquan was beating the Wall football team for the first time in a long time. Also, cheering has been my favorite part of highschool."

Maggie Martin:
My favorite memory from Manasquan High School was my softball team."



Bella Lopez: My favorite memory has to be performing in MHS drama club for Mama Mia and greece. Also performing for MHS dance



Dalil Saluki(left): "My favorite memory was freshman year football."

Braeden Chek (right): "My favorite memory was my freshman year AP computer science class."



Mattie Patrone:
My favorite memory at Manasquan was my super fun junior soccer season with coach Crit

SENIOR SEND-OFF

Congrats....You Did It!

Thank-Yous, Best Memories, Advice to Underclassmen, and Summer Plans...



Summer Plans



Becca Curran: I'm going to work at the yacht club and rods, go to the beach, and hang out with friends!

Lila Witkin:

I'm going to work, go to the beach, and go to a lot of concerts!



Kieran McMenaman:

I'm going to party hardy, prepare for Brookdale, and say goodbye to my friends!



Abby Cook:

I'm going to work at Playa Bowls, go to lots of grad parties, and prepare for college!



Jack Dawson



This summer, I will be working as a caddie at Spring Lake Golf Course. I will be playing a lot of baseball and lifting in order to get in shape for college baseball as well. Most importantly, I will make sure to spend time with friends and family as well

SENIOR SEND-OFF

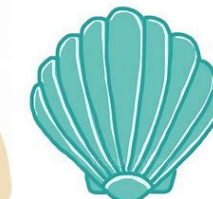
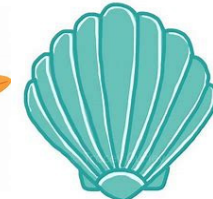
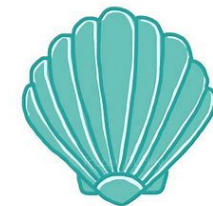
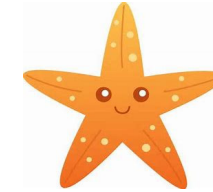
Congrats....You Did It!

Thank-Yous, Best Memories, Advice to Underclassmen, and Summer Plans...



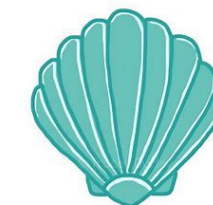
Maggie Martin

"I will be working this summer, making money, spending time with my friends as much as possible, and spending time with my family."



Dalie Healy

"I am going to spend a lot of time with my friends and family before I go off to college. I want to make the most of my last high school summer."



Rory Mather

"I will be working at my new job, and working out a lot. I will be traveling and staying fit for college."



Caroline Giunco

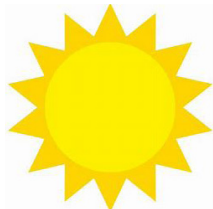
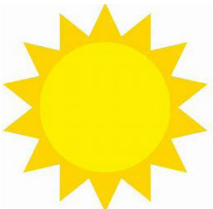
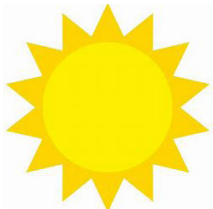
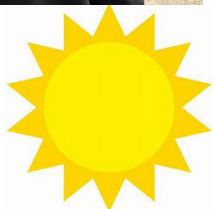
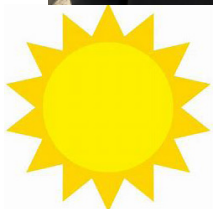
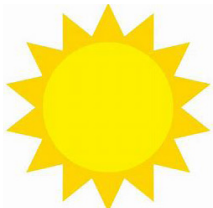
"I am going to work a lot and make money to spend in college."

SENIOR SEND-OFF

Congrats....You Did It!
Thank-Yous, Best Memories, Advice to
Underclassmen, and Summer Plans...



Zach Martin is mostly working this summer. "I plan on working a lot" but Zack is making sure not to forget the best part of summer which is going to the beach. "I am going to go to the beach this summer with my friends!" Zack will be attending The University of Tampa in the fall.

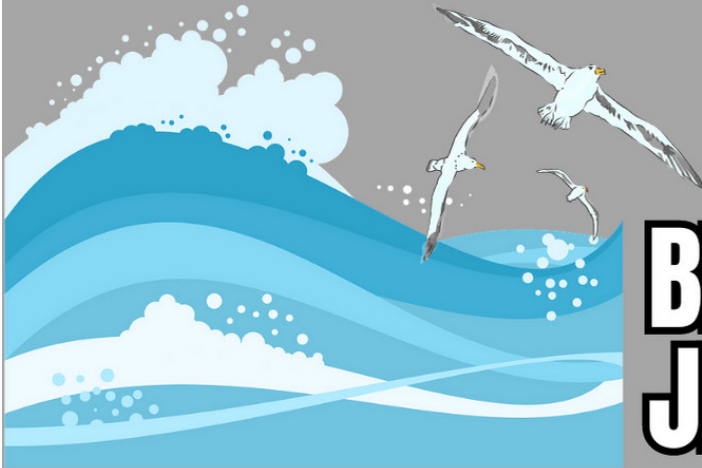


MaryCate Immen is super excited for this summer. "I am really excited to go to the beach and be done with school" MaryCate is attending University of Delaware in the fall, and she is super excited.



Bennet Devincens has a packed summer, but it is not filled with what you may expect. "I am Leaving the 23rd. Which is two days after graduation. I am attending Clemson University in South Carolina," she said. Bennet is majoring in Political Science and will be doing some of her credits earlier rather than later. Bennet will be back on the 7th of August for a week before she heads back to Clemson to participate in rushing for a sorority!

Lily Carhart's summer looks a bit different than the normal senior. Lily is in a boot and will be for quite some time. But on the brighter side, Lily is badge checking, which works in her favor because she can get tan before she leaves to play soccer at Jacksonville University. Lily leaves in July for pre-season. "I am actually a badge checker this summer, and I am super excited," she said.



BEST OF THE JERSEY SHORE...



Editor's Note: once again, we reviewed plenty of products, services, shops, movies and more this month... read on to see what students think of many Shore favorites!



Protect Yourself This Summer!

by Jess Mackown



Suns out, guns out! This summer is going to be a great one. Go outside, have fun, and make sure you put on sunscreen.

Now, which one is the question. There are so many brands, and you never know what to choose until you buy and regret. Except now, Sun Bum sunscreen is great for the outdoors, laying on the beach, or even going in the ocean.

Sun Bum has so many products you can choose like sunscreen in a bottle, on a stick, in a spray, and different lip balms, facial scrubs, etc.

It is a bit pricy compared to other sunscreens, but it is 100% worth it. Sun Bum also has a broad spectrum of SPF that ranges from 30-70. It will deflect UVB rays from the surface and superficial layer your skin that causes sunburn with added UVA protection. It will also deflect UVA rays from penetrating the deeper parts of your skin. Its oil free, water resistant and is great for all skin types.

Personally, I love using Sun Bum sunscreen because it

feels like I am not even wearing it. I sunburn easily since during the summer I am outside all the time and constantly going to the beach and in the ocean. Most sunscreens just wash off in the ocean, but Sun Bum I can wear all day and maybe have to reapply once or twice. I also have sensitive skin and Sun Bum has nev-

er given me a reaction to anything. Other sunscreens are not as good as Sun Bum because my sensitive skin has a reaction and gets red, or



does not protect me from sunburn enough, or feels just icky on my skin.

Summertime is supposed to be fun so stay safe and put on Sun Bum! You can go on their website at Shop Sun Bum® Products Online - Official Sun Bum® Website where you can see so many products and buy them online or find them at an Ulta or convenience store near you!



20 In The News 23

The Eras Tour: Best Concert Ever!

By; Lindsay Fuller



Above: Taylor Swift performing her song "Fearless".

are. The concert lasted for a total of 5 hours.

As you got to MetLife stadium, the line to get in was super long. But I think it was worth the wait especially since I got there an hour before the gates opened. Once the time hit 4:30 people started to flow into the stadium, and everyone got light-up wrist bands.

The two openers Gracie Abrams and Phoebe Bridgers performed for about an hour and a half. Their voices were insane. I did not know a lot of their songs, but I knew a few of them so it was really cool to hear them in person.

30 minutes later Taylor came on the stage. She started off her concert with her song "Miss Americana and the Heartbreak Prince" which was such a good song selection to start it all off. She performed for 3 and a half hours straight singing 46 songs with one of them

being 10 minutes long. She sang songs from all her albums except 1 which was her "Debut" album. I was a little upset about that, but it was



Above: Lindsay Fuller (left) and Izzy Myklebust (right) at the Eras Tour.

not a big deal.

My favorite Taylor Swift album of all time is "Speak Now". That album has all 10/10 songs. Unfortunately, she only played 1 song from that album, and I was so disappointed because I really

Try This! Your Hair Will Thank You

Julia Fahy

Shiny, silky, and healthy. These are three words you could use to describe your hair after using Nexxus shampoo and conditioner.

I strolled up and down the store isles in search for a new shampoo and conditioner. After passing brands that I had already used and didn't like, my eyes landed on something new. The brand was called Nexxus, and it looked very promising. The bottle said it had protein that could strengthen your hair and leave it with long lasting vibrancy. So...I bought it!

When I arrived home, I was very excited to try it because the hair care products I use has always been important to me. I was having trouble finding products I liked and that worked for me, so I was anxious to try this.

The first thing I'd like to point out is the size of the bot-



ties. They are pretty big which is another important thing to me. As someone with long hair I use a lot of shampoo and conditioner, so I always hated buying small bottles.

When I pumped the shampoo onto my hand, I almost immediately noticed a difference. It felt a lot lighter than other shampoos and when I put it in my hair, I discovered that with this brand, less is more.

Next, the conditioner. The minute I ran the conditioner through my hair I could feel how smooth it was going to leave it. And more importantly, when I rinsed it out it came out easy and didn't leave any residue.

I got out of the shower, brushed my hair, and let it dry. It was a lot easier to brush through than usual.

When it was fully dry, I was amazed by the results. Not only was my hair very soft, but it also looked ten times healthier than usual. Finding this product was such a relief and I'm so happy with the results!

The Eras Tour

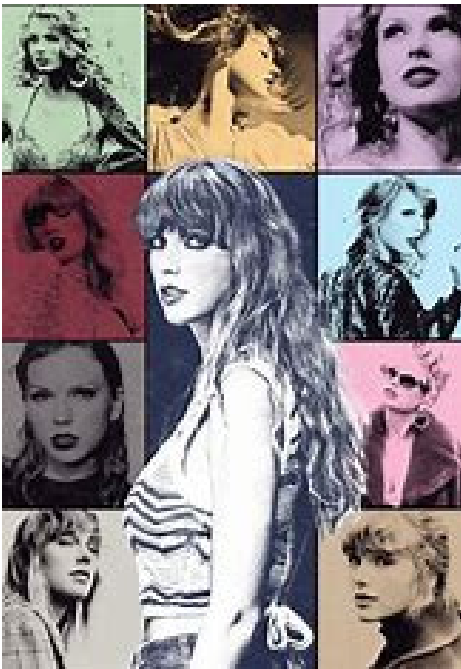
continued from previous page

wanted more songs from my favorite album.

Her best performances of the night in my opinion were all the songs from Taylor's "1989" album. The song "Bad Blood" was just amazing. Fire came spewing out from the stage and everyone's wrist bands were glowing. It was just so cool.

Many fans dressed as the different "eras" of Taylor Swift. There are 10 different eras, and they are basically all her different albums. I went with my best friend, Izzy Myklebust, and she dressed as the "Fearless" era. She wore a gold dress and white cowgirl boots which looked amazing. I of course had to dress as the "Speak Now" era and I wore a purple dress with white cowgirl boots.

Overall, the entire time, everyone was just screaming their heads off and just having the time of their lives. No matter how expensive the tickets, buy them. I promise that you will not regret it because it was just absolutely life changing and it was an unforgettable experience.





Styling Company: The Expensive Treat Your Hair (Probably) Needs

By Percy Yasenchak

Before I came to Styling Co., I felt hopeless that my hair would ever come back to life after years of black hair

dye. It was extremely damaged, dry, and needed serious color correction. I did extensive research to find a salon in the area that could change my look entirely and gift me the hair of my dreams. Then I found Styling Company.

More specifically, I found Jeanette, and she was nothing short of amazing. She was hilarious, knowledgeable, thorough, and so helpful and constructive throughout the entire process. Jeanette dyed my hair to the exact shade I asked for, gave it the dimension it needed, and gave me all the products I need to maintain my hair healthily (granted, at a very steep cost, but beauty isn't cheap). She absolutely over-delivered and exceeded my expectations.

It's also so pleasant to have a young hairdresser who's personable and talkative (in a good way) rather than a chain-smoking 60-year-old woman talking across my head to another hairdresser about "kids these days." The amount of poor experiences I've had from those "hair salons" that want you in and out in 20 minutes with the lowest cost possible is jaw-dropping; evident by the look I sported in sophomore year, which was a crime against myself.

It has been months since I had my hair

fixed and I still get complimented almost every day, compared to the criticism I received from my peers not days before my appointment. After years of Great-Clips and Pantene hair products, she taught me about hair oil, Redken, and Kevin Murphy, and it's so relieving to know that my hair isn't horrible, but I was just doing it wrong. I will never go anywhere else. I couldn't imagine what I'd be experiencing right now if it weren't for Jeanette, but I know it would probably be some kind hair loss from how poorly I treated my scalp.



Jonas Brothers Bring the Fun on in "The Album"

By: Hudson Gorham

Presented to the music world is "The Album", in their sixth studio album, Joe, Kevin, and Nick Jonas are all about having a good time. With its catchy pop tunes and carefree vibe, "The Album" is perfect for summertime enjoyment.

Right from the start, the Jonas Brothers make it clear that they're here to party. Songs like "Vacation Eyes," "Summer in the Hamptons," and "Vacation Baby" set the mood with their upbeat titles, delivering a lively pop celebration filled with love and catchy melodies. Collaborating with pop maximalist Jon Bellion and some of the best producers, the brothers showcase their talent for songwriting and harmonies.

While most of the album's songs hit every mark, there is one track that just does not quite fit. The song "Americana" tries to bring people together by referencing pop culture symbols like Jay-Z, James Dean, and Jersey Shore. However, it feels a bit cheesy and outdated, not quite connected with today's world or evolving taste in music.

On the other hand, when the Jonas Brothers explore deeper themes, they shine. "Little Bird" is a sweet song about parenthood that will likely become a favorite at weddings. Joe sings a verse that reflects on giving his daughter away and facing his own mortality, touching on sentimental but relatable topics.

The closing track, "Walls," is a standout collaboration with Jon Bellion. It's a powerful ballad that uses a crying wall as a metaphor for the impact of love. Starting with Joe's vocals accompanied by acoustic guitar and church organ, the song gradually builds up, showcasing Nick's falsetto and a soaring choir. It's a powerful ending that highlights the Jonas Brother's ambition as their music continues to evolve.

Track List:

1. Miracle
2. Montana Sky
3. Wings
4. Sail Away
5. Americana
6. Celebrate!
7. Waffle House
8. Vacation Eyes
9. Summer in the Hamptons
10. Summer Baby
11. Little Bird
12. Walls (Ft. John Bellion)





Mielle Rosemary Mint Hair Oil Review

By: Lily Hendricks

If you are looking for a way to get stronger, softer, and healthier hair, I recommend Mielle rosemary mint strengthening hair oil.

It was right after my haircut that I realized I wanted to have long hair. There was nothing wrong with my hair cut, it was just that I could never have long hair because I would end up with split ends and dry hair. I went online and looked at several products that might help.

I did not want to get anything too heavy because I have sort of a fear of using too many chemicals in my hair. I saw Mielle's rosemary mint strengthening oil appear on a couple of websites, so I went to Rite Aid and decided to try it.

The hair oil was advertised for having essential oils and being organic.



It said that it was good scalp treatment, smooth split ends, helps with hair growth and make your hair shinier. Most of these were exactly what I was looking for. When I got it the product, it had a great smell. The smell was a little bit strong, and I usually get nauseous at scented things, but this had a pleasant smell.

I use this about every 10 days or so. My hair has definitely grown a bit and is longer than my shoulders, which is about where I got it cut. When I was younger, I used to pull my hair into a tight ponytail everyday which cause a lot of hair to fall out and some scalp damage. I was skeptical at first but after a couple of uses it had gotten rid of itchy and dry scalp.

Like most things, the product definitely takes time. I have been using it for about 7 weeks and I have seen some results. I had also noticed that my hair was starting to grow faster than usual. I have also noticed that it has made by a hair a little thicker. The soft and shiny factor of the hair oil only really lasts a day though.

I would not recommend using too much of the oil at a time though. The product is for every hair type but is main-



ly for curly hair types. If you have straight hair or wavy hair like me, I would not recommend using a lot. When I first used it, it started to make my head tingle, so I rinsed it out. I looked online and some people said that if you have thinner and straighter hair you should not overuse the product because it may feel like it is burning and have to opposite effect. I just use a little bit on my scalp and some on the ends of my hair.

Other than that, I would say that this is a great product, and I would recommend it to everyone. Usually, products just make your hair look healthier, but this made it healthier as well. You can Mielle's Rosemary mint Strengthening hair oil online, at a local drug store or Ulta Beauty.



Manasquan Muffin Madness!

By: Morgan Mechler

We all know the grotesque stereotype about cafeteria food, and I will admit, it does stand true in some situations depending on the food you order. From milky mac and cheese to cold plasticky pasta, and not the best nachos, the Manasquan High School cafeteria has an array of foods to try if you dare. However, their flavorful department of sweets (and one sweet in particular) sure makes up for all of these interesting lunch options.

Every morning I stroll into school at 7:30, exhausted from the day before, wanting just a little something to satisfy my taste buds. I frantically run into the school cafeteria to gaze on all of the delicious choices while they last. I wonder to myself: Should I get a bagel? No, should I get a homemade parfait and be healthy? Is it too early to get a cookie? Oh, those donuts look really good. Wait! I know what I'm going to buy. The same thing I bought yesterday, and the day before... A muffin.

Over my three years at

Manasquan, I have developed a tiny obsession for the school muffins, red velvet being my absolute favorite. The muffins are baked to perfection, crispy on the top, while still remaining soft and crumbly in the middle. Trust me when I say, the Manasquan muffins are a fantastic mix of crunch and cake.

The cafeteria serves a variety of muffins ranging from chocolate chip to blueberry to double chocolate and even French toast. You can't go wrong with any of the varieties, but red velvet reigns supreme in my mind. The red velvet muffin from the cafeteria is bright red to match its name, filled with melty chocolate chips that leaves the perfect blend of flavors in your mouth. Served hot, the muffins are simply scrumptious. The aroma of the red velvet mixed with the sweet smell of the milk chocolate lures you over and forces you to spend the last \$3 on your lunch account. Your mouth will be watering just from the mere sight of the school muffins sitting in the basket, waiting to be bought by eager stu-

dents daily.

I am not the only one who drools over these muffins either. Every morning, students sprint to the cafeteria to buy one before they sell out (and they do sell out every single day). The morning is a mad rush since there is a limited muffin supply, but also an extremely high demand. The lunch ladies even set aside muffins for dedicated customers to ensure that the diehard muffin lovers will always receive one. The muffins from the school cafeteria are legendary to the students, known for their consistently amazing taste.

The only downside on the muffins from the cafeteria would be that they are left out in the open, where all students can pick them up and put down as they please. This could be unsanitary if germs are spread to muffins that are touched, but aren't purchased. However, I am almost positive that Squan students would not let an available muffin go to waste.

I am telling the truth when I say that out of all the muffins I've ever bought from the cafeteria during my time as a student, I've never had an unenjoyable one that didn't leave me content. The lunch ladies out do themselves with the muffins every day. I think I have already described the delectable taste of the Manasquan cafeteria muffins enough, and how they melt in your mouth, bursting with flavor. What more can I say to prove my love for the Manasquan cafeteria muffins and inspire you to try one for yourself?

Pictured Below: A fresh batch of muffins in the cafeteria at 7:15 A.M.





Good Morning Beautiful Skin!

By: Niky Li

The number one Korean cleanser that is constantly being raved about on social media is the Cosrx Low pH Good Morning Gel Cleanser. I can confidently say that it is literally my holy grail.

I heard so many great reviews so I decided to give it a try and I am so glad that I did because it is now one of my favorite cleansers. It also was affordable so I won't feel completely broke after buying this.

This cleanser is great for those with acne prone skin or oily skin.

It contains tea tree oil which has antioxidants and anti-inflammatory properties which is great for getting rid of acne and inflammation on your face. The pH of this product is 5 (a normal skin's pH is between 4-6) which balances the pH of your skin.

I have combination skin and sensitive skin so I break out easily. Having combo skin means your t-zone is oily while my u-zone is dry. Since it was made for people with combo to oily skin, I think that was the reason it worked so well on my skin. Also, it is great for removing makeup.

I use the cleanser in the morning (but you can still use it at night), and it thoroughly cleans away the dirt and oils that got on my skin during the night. It was very gentle like it said it was and wasn't harsh on my skin. Sometimes cleansers are too stripping and my skin feels very dry or my skin gets flaky after so I am glad that this one didn't strip my skin barrier.

It is a clear gel so you can't really



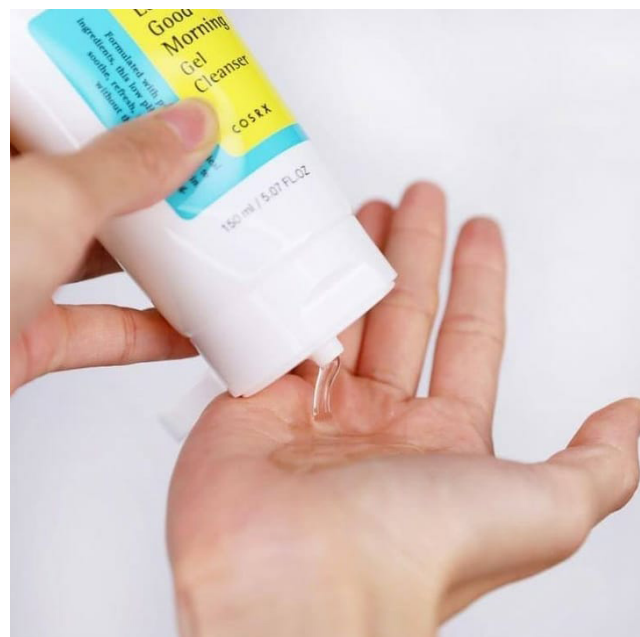
Above: The design and aesthetic look of the cleanser

see the product very well until you massage it onto your skin and having it will bubble up. I prefer gel cleansers more than water-based or foam ones so if you like gel cleansers too, then you can give this a try!

There was a pretty strong fragrance, and usually I don't like using skincare that has scents, but after using it and rinsing it off, there wasn't any lingering smell. I really liked this cleanser since my skin felt so clean and smooth after.

However, even though it has never happened to me, people did say that it made their skin drier and flakier. So if your skin type is on the drier side, I think you should stay away from this.

Compared to other cleansers, this was pretty cheap for how well it worked. It is around \$10 on Amazon, or you can buy it from the actual company for \$14.



Above: The person is squeezing out the product to showcase the clear and gel-like consistency.

The Last of Us, TV show debut

By: Isabella Lopez

Hit new TV show streaming on HBO Max *The Last of Us* captivated our hearts and opened our eyes to the world inside this apocalyptic show. *The Last of Us* was originally a very popular video game with fans very passionate about the storyline and very protective over its characters. It's safe to say there was a lot of pressure put on this show from the start.

I went into the show completely blind; I had no prior knowledge about the video game and only decided to start watching because of a friend's recommendation. I am so glad that I went in without any prior knowledge as I loved watching the show unfold alone. The show follows a fungus-like virus that threatens the existence of humankind, it infects humans and ultimately transforms them into zombie-like creatures called "runners" or "clickers". While the show is immediately compared to *The Walking Dead*, it is nothing like it and is vastly different from anything I have ever watched.

Joel, played by Pedro Pascal, is a 50-year-old Texan construction worker who lives in the Boston quarantine zone and works menial maintenance jobs as well as a side business in the underground market. Life is brutal and difficult. The 14-year-old girl Ellie, played by Bella Ramsey, who he must bring west across the devastated US, appears eventually. She might be

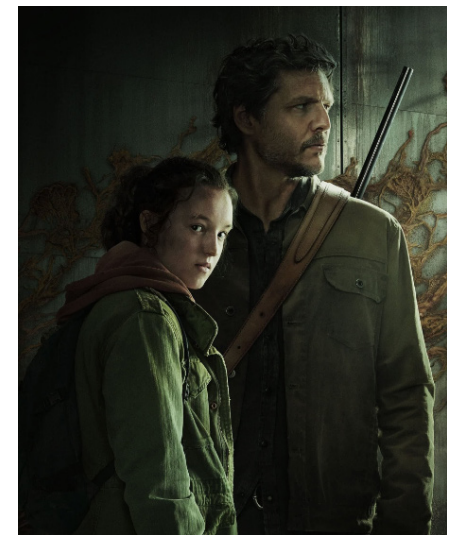
the world's long-needed rescuer.

This adaptation does not reinvent its source material but enhances it with the performances of actor Pedro Pascal and Bella Ramsey who crushed it. There was not a moment when I watched the show, and I was not interested or left on a cliffhanger. Some people are not interested in gore and zombies, but the story does not use the supernatural virus as a crutch to make things interesting in the show. Instead, we see real character development and humanity tested to the brink of extinction.

Something that I appreciate about the show is it is something different and unique. Recently the media has been consumed with short fast paced shows and movies that have no real plot, *The last of Us* slows it down perfectly. Given the disappointing post-apocalyptic fare that television has been serving up the past few years, no



Above: Joel and Ellie pondering the future. Below: Joel and Ellie learning groundbreaking news.



Above: TV show poster of Joel and Ellie, look in the background...

wonder a lot of people were skeptical.

Many critics including I wondered "What is there new to say" Of course, there were plenty of scenes in which our brave heroes battle or flee from the various fungi-adorned monsters faithfully re-created from the video games, including runners, stalkers, and, most notably, clickers whose heads have turned into toadstools and who echolocate their prey via some seriously unsettling sound design. But it set the bar for something far higher than zombies and death.

In conclusion, I loved it, there were so many different settings and adventures in different places other than the typical abandoned cities. It was re-

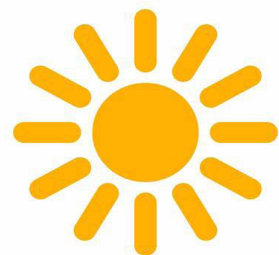
freshing, to say the least. I highly suggest watching at least the first episode before judging this phenomenal TV show harshly. Overall, it's a hopeful show about the end of humanity — one that manages to find and nurture moments of grace amid the ruins.



BEST OF THE JERSEY SHORE...

Courtney's Ice cream

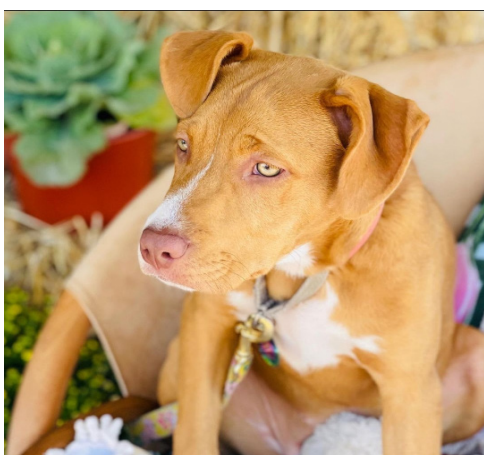
By MJ Murray



Staying open year-round isn't the only thing that special about Courtney's Ice cream Shoppe in Avon. Despite the name, ice-cream isn't the only thing sold at Courtney's. Her expansive menu includes floats, vegan ice cream, milkshakes, baked goods, candy, and coffee, to name a few. Not only is it supporting a female-owned local business, but Courtney's also proudly displays a feature wall of pottery, art, stickers and more from local artists.

One of the most prominent features of the shoppe is the owner herself. Her beautiful personality and kindness towards others shine through the shop,

Below: Sunshine, the shoppe's dog



like the sun on a glistening diamond. Running the shop with her is her dog Sunshine, who can usually be seen laying around the shop or outside. She is extremely friendly and energetic, despite her bark,



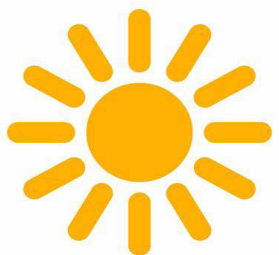
Above: a picture of Courtney's shoppe

which is definitely worse than her non-existent bite.

Along with all the local artists, the food there is also homemade, with the ice cream coming from Nastos Ice cream in Newark and the baked goods coming from E. holland, which is just in Bradley Beach, barley a 9-minute walk away. Courtney's also offers a wide range of food for those who are vegan and with gluten allergies, with stringent allergy awareness that all the staff adheres to. Separate spoons, cups, whipped cream, and milks are used when dealing with

vegan or gluten free foods, insuring there is never a mixture of vegan ice- cream and regular ice cream.

It's a beautiful shop and is on the top of my list of ice cream recommendations. If you're ever on Main Street in Avon by the Sea between the times of noon and 10 pm in the summer or 2 pm to 9 pm in the winter, I highly suggest that you pop in and try one of Courtney's signature milkshakes or one of the many ice cream floats offered.



BEST OF THE JERSEY SHORE...

A Nit-Picky Nail Salon

By: Finley Nielsen

"ROCK NAILS N SPA" is a high-end nail salon in Wall Township, according to their website the team is known for their excellence in both service and skill. The spa has a huge staff of nail techs. When I walked in there was at least ten waiting to poach me so they could do my nails. I would say that the spa's main goal is luxury and comfort. So do not be surprised when the offer you water bottles, sodas, and

snacks. But do not be fooled the message is not free and they will not stop until you say yes. The salon's goal is to be relaxing but, when the nail techs are constantly screaming and talking about you, you start to become self-conscious.

As soon as I walked into the salon, I felt very judged. The nails techs are very pushy and are not afraid to change your idea to fit what they want to do.

The Customers of "Rock" are given a very vast range of options when it comes to their nail treatments and services. However, the salon tends to charge you for the bare minimum. For example, scrub and hot towels. The salon provides classic services such as manicures and pedicures, but also offers premium treatments that allow customers to select from menus of styles, ranging from natural-look-

ing to bold and statement looks. I had a quite simple idea and the salon charged me and extra 3 dollars per finger on top of the \$80 dollars I paid for a simple gel manicure.

The spa places an exceedingly high importance on their sanitation of the tools used during you service So much so that they make you wash your hands like a thousand times. I think the reason that the salon has these rules established rigorous hygiene standards and protocols to prevent anyone from getting sick or getting and infection. All equipment and surfaces are regularly sanitized in these little microwave looking things. Once it is time for the team member to use them, they are taken out a complete sealed package. According to the spa's website they do this to ensure that the tools are disinfected to prevent the spread of any contaminants.

Overall, the salon achieved its goal of being luxury but maybe just not in the way that they thought.





Max Devros - Local Greatness

After eating here on several occasions, my opinion on Max Devros has remained the same: it's great. Although experiencing a change in location (only like one or two buildings away), Max Devros' dedication to its customers has never faltered.

Once a smalltown breakfast & brunch spot, Max Devros has flourished into a full-blown restaurant and bar location. The restaurant now inhabits the building that Remington's, another restaurant/bar location, once inhabited. The Max Devros brand has been completely redone and no longer resembles the small breakfast spot it once was.

Ceiling decorations, TVs on the walls, lit candles, and a cozy feel now adorn the newly renovated restaurant. In addition to some of its internal improvements, Max Devros now offers a wide array of lunch and dinner foods as compared to its once early morning appeal.

As someone who has eaten here before and after the change, I can say that I have always enjoyed food, breakfast, lunch, and dinner. Although they now only offer lunch and dinner, my loyalty to the restaurant has stayed the same.



By: Lukas Nordell

Max Devros is especially appealing for dinner on warm summer nights when you and your friends are looking for a place to eat in town that's not too expensive but serves some real good food.

Almost every time I come to Max Devros, I order one of two things: their black & blue burger or their Baja fish tacos.

The black & blue burger is a great option for someone who hasn't had a burger in a while and is looking to sink their teeth into something they will never forget.

I find this burger unforgettable for the melted crumbled blue cheese in the center of the patty, rather than the cheese being melted on top of the patty. The first time I ate it, I questioned whether I ordered the right burger, but after taking just one bite, I realized that the cheese was actually inside of the burger. In that moment, I knew it would soon become one of, if not, my favorite meal on the menu.

The Baja fish tacos are equally as memorable. Three tacos boasting charred pineapple pico de gallo, guacamole, creamy cucumber slaw, and cod served with a side of fries or tater tots is something hard to forget. Each part of this taco is so good, and it has since become one of the only things I will get from here.

In addition to the great food, local bands and musicians come to play at the restaurant, adding on to the already great ambiance that the place emanates on a regular basis.

All in all, Max Devros has amazing food and an even better atmosphere, making it one of the best options for a nice weekend lunch or dinner in Manasquan, New Jersey.



Above: (Left) Max Devros before change in location. (Right) Max Devros after renovations at new location.



Popeyes: By Far the Best

By: Austin Griffith

So crunchy, so delicious, the Popeyes chicken sandwich is the best tasting fast food meal I've ever had. As a matter of fact, Popeyes is the best fast food restaurant of all time. Yes, that's right, Popeyes is better than Chick-fil-a.

I went to Popeyes for the first time in my life just a couple months ago. I ordered the mild chicken sandwich, which comes in a combo meal with french fries and a fountain drink. I'll admit, I was a little skeptical when my food was ready in less than a minute, but boy was I wrong. I



took a bite of my sandwich, which featured crispy buttermilk fried chicken, pickles, and mayonnaise on a buttery brioche bun. It might have been the single greatest bite of food I have ever had.

After I gobbled down my delicious chicken sandwich, I moved on to the french fries. I received a lot of fries for a small order, which I was very happy about.

They were so crispy and cooked just to the right temperature. They may have been just a tad bit over fried, but besides that, I was

very pleased with Popeyes' most popular side dish.

Then, I finished up my soda, thanked the employees for making me a great meal, and headed home. But before I left, my friends and I grabbed a picture with the Popeyes sign outside just so we could remember such a great experience. I returned to Popeyes another three times after that, and every time, I was just as pleased as my first trip. As you can probably guess, I've ordered the chicken sandwich every time I've gone.

If you have never been to Popeyes, you have to go. Trust me, it's a life changing experience. The closest one to me is in Neptune, New Jersey, and as you have read, the food is delicious. One more thing, make sure you order the chicken sandwich. Enjoy!





Yes Way, Hay Day

By: Ainsley Price

Every single kid loved to play games on their parents' phone. For some it was Fruit Ninja or Subway Surfers, while I remember playing those games, I also remember playing a game called Hay Day.

I wanted to see how I would like it now as a 17-year-old high schooler.

The basis of the game is to keep up your own farm while trying to level up, fulfill truck and boat order, and sell to other players and in game towns people.

I have to say this game is ridiculously addictive. I have been playing it so often; at home, in the car, and even in school when free time arises.

I will say though that the number of coins you have to use never is

enough no matter how much you save. It takes forever to have a decent amount of coins.

But once you start getting the hang of the coins and budget managing, it is so much fun.

I have many animals: chickens, cows, sheep, pigs, and goats. I have several baking machines like a cake oven, pie oven, and a bakery.

There are other machines like a popcorn popper, a dairy producer, a juice maker, a loom, and a sewing machine.

There is also a mine and dozens of soil pads with sever different crops like wheat, corn, soybeans, sugar cane, carrots, lavender, strawberries, and potatoes.

These are the foundation to the whole game. They are how



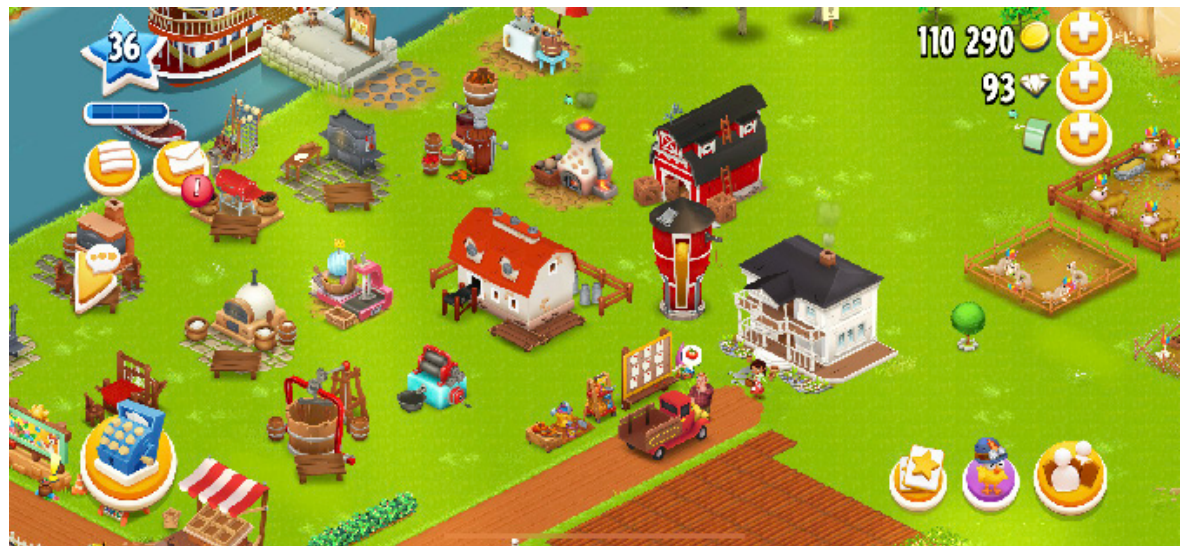
Above: The game logo.

you make the animal feed. The animal produce, along with some of the crops, are the only way you can produce things like hats or cookies or juices and jams.

The only thing that is annoying is the wait times that it takes for something to be produced. If you want something, especially in the upper levels, you have to wait several hours.

There is also a newspaper where other players can put items for sale but you only get a certain number of items per cycle and there is always an abundance of corn and wheat.

The game itself is a hoot to play and I have even gotten some of my friends to play and we trade and help each other out. It is a really fun time and a highly recommended game.



Above: My own personal farm in all its glory.



Power of a Dryer, Volume of a Styler

By: Ronnie Whille

Want a quick and easy way to make your hair look incredible? If so, Revlon's One-Step Hair Dryer and Volumizer Brush is for you. This brush styles and dries hair in less than 15 minutes. It is perfect for someone on the go.

I have never liked the way my hair looked when blow-dried with a normal hairdryer, so I put this on my Christmas list. I've had this brush for a couple of years now and I have a love-hate relationship with it.

It can be tricky to get used to the bulkiness of the brush, but once you get the hang of it, it requires little effort. It is just as noisy as any other hairdryer, and it has high, low, and cool settings.

The last time I had used the brush was two months ago so I decided I should try it again.

I brushed through my hair. That may not seem very important, but it is a crucial



step. Then, I put in a heat protectant.

If you do not use heat protectants, you can risk damaging your hair very severely.

After I made sure the heat protectant was spread throughout my hair, I sectioned off my hair. Sometimes if I am really in a rush using it, I do not section my hair. But it makes it much easier if you do.

I then plugged in the brush and turned it on low.

There are certain techniques you have to perfect for the different styles. This brush can be used to straighten, blow out, and sometimes even add a little bit of waviness to it. All options make my hair as voluminous and shiny as ever.

This time I decided to add volume to my hair by using the waviness/curling technique. I start at the top of the section on the side and twist away from my face letting my hair glide through the brush.

At first, your hair may seem dry, which is normal when applying heat to your hair, but as soon as you put in hair oil to add moisture to your hair, it is silky and smooth.

I am definitely going to start using this brush more often and recommend it to anyone who wants less frizzy hair after blow-drying.



Guardians of The Galaxy Vol. 3

By: Cristian Jose

The Guardians are back for one last ride, and I was able to see it opening night. All I have to say is: "Wow. Just wow."

Writer and director James Gunn did it again in this space opera trilogy that I (and millions of others) more than love.

This is a fun, energetic action comedy perfect for the big screen. You will definitely have a blast watching this movie with your friends or family because with everything going on, deep down the film is a movie about family. James Gunn dose a great job as the writer (no surprise there) and as director he brings the fun energy as well. This makes them stand out from other Marvel movies since the guardians are out doing their own thing.

The characters work really well considering how many there are, but Gunn pulls it off as every main character gets a time to shine in a really nice way. Yeah, maybe not everything works, sometimes we focus on something more than the other, but it's not so noticeable and doesn't ruin anything. This movie has so many strong elements, like the CGI that... get this...

actually looks good and not lazy, like for most recent Marvel movies. James Gunn likes to use more practical effects and real sets and not have everything be green screen.

I have two favorite parts of the movie. One is the action, hands down this is Marvel's best action in a while and some scenes are made to look as one shot and they use a lot of slow-motion which is used in a unique way, making it feel cool.

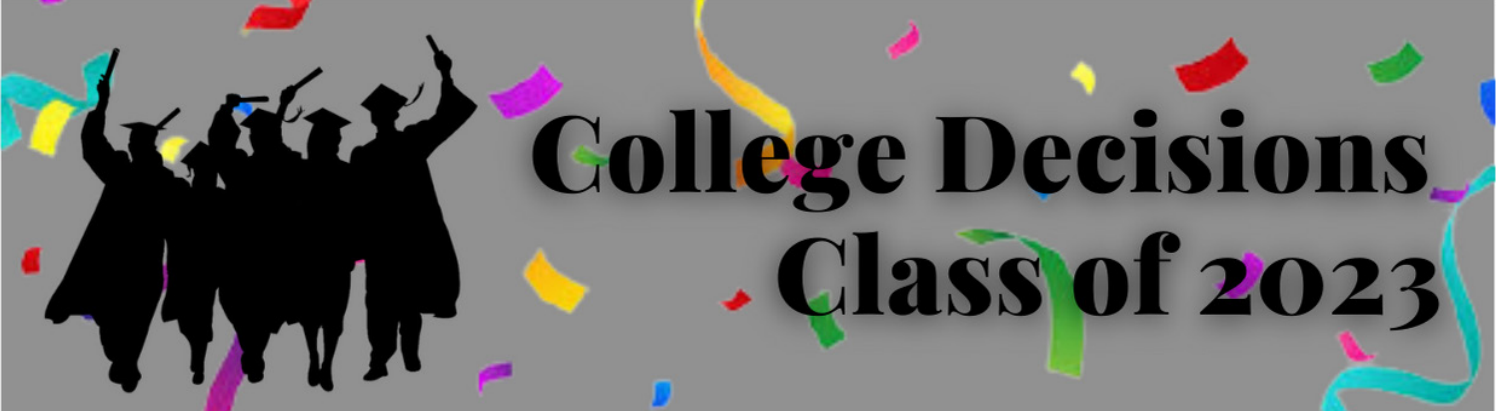
Two is the soundtrack. Guardians always has the best soundtracks,

James Gunn knows his music, and always fits the scene with great songs. But especially in this one you get tracks like "Since you Been Gone" by Rainbow, "In the Mean-time" by Spacehog, "Do you Realize" by the Flaming Lips ,and even an Acoustic version of "Creep" by Radiohead.

When you watch a Guardians movie, the songs don't just play in the background, you get to actually hear the song as its own character and the lyrics match the scenes very well, to the point that you can't have the scene without the song.

I 100% recommend this movie! If you're a Guardians fan you will definitely love this and will have fun with the gang one last time.

Below: Group photo at the end of thhe film



Editor's note: The following list comprises members of the class of 2023 and the college they have chosen to attend. We made the list based on interviews and surveys sent to seniors. It reflects those students who have responded to the survey or cooperated with our interview. Thanks to all who responded!

CAMRYN APRILANTE Marist College	ETHAN BUNT University of Hawaii	ADILENE CRUZ Brookdale	HARRISON DUNSON William and Mary
RYANN BANNERMAN Brookdale	CAYLEY CACCAMISE University of Alabama	BECCA CURRAN Louisiana State University	CHARLEE DWYER Stockton University
ALLIE BARBERA Rutgers University	JOHN CAPONE UNC Wilmington	KIKI D'APOLITO University of South Carolina	COLE ELDRIDGE Brookdale
KATIE BEAVIS Air Force Academy	LILY CARHART Jacksonville University	SARAH DAVIS Elon University	ALI EVANS Duquesne University
CASEY BENNETT Coastal Carolina University	REGAN CARTON University of Wisconsin	JACK DAWSON Lafayette College	JAMES FARINACCI Middlebury College
LUCA BERTINELLI Rowan University	SAM CERTO Brookdale	JACK DETTLINGER University of Miami	LILLY FARINACCI Fairfield University
ANTHONY BISAZZA Montclair State University	JANIYAH CHANEY Cosmetology School	BENNETT DEVINCENS Clemson University	CAMERON FAULHABER Drexel University
MOLLIE BODNAR University of Virginia	MICHELE CLARK Penn State University	SHANE DEVINE UNC Wilmington	PATRICK FEDERICI New Castle School of Trade
MARY BREEN Providence College	CARLY COBLE Point Loma Nazarene U	CASSIDY DIETRICK Brookdale	QUINN FEENEY UC Boulder
HENRY BRICKEN University of Denver	TYLER COLLINSON Penn State University	CAEL DRISCOLL University of South Carolina	ELLIE FEUSTER Fairfield University
EMMA BROWN Indiana University	DANNY COLON FIT	AVA DUCHARME Elon University	CAROLINE FINNIGAN Florida Atlantic University
LILLIAN BRYANT Virginia Tech	ABBY COOK University of Tampa	LILY DUCHARME Clemson University	SHAYNE FLAHERTY High Point University
LUCA BUONATO Nova Southeastern U	BRIGID COSGROVE George Washington University	KIERA DUNLEVY Boston University	MIKEY FLANAGAN University of South Carolina



Editor's note: The following list comprises members of the class of 2023 and the college they have chosen to attend. We made the list based on interviews and surveys sent to seniors. It reflects those students who have responded to the survey or cooperated with our interview. Thanks to all who responded!

SOPHIA FLORES CARPIO Brookdale	ETHAN HARVEY Rowan University	VINCENT HYLAND West Chester University	MALLORY LASKO University of Florida
MICHAEL FLYNN College of Charleston	MADISON HEALD Brookdale	AUDREY IGLAY San Diego State University	BELLA LEPORE University of Rhode Island
NATALIE GALLAGHER Loyola University Maryland	DALIE HEALY Florida Atlantic University	MARY CATE IMMEN University of Delaware	BELLA LOPEZ Emerson College
COURTNEY GALOS Penn State University	CHASE HEARON Boston College	GAVIN JACKEY Brookdale	COLE MAC Duquesne University
IZZY GIORDANO Fordham University	REESE HEARON Ohio State University	MADDIE JACKSON Fairfield University	CONNOR MALYSA Wells College
CAROLINE GIUNCO College of Charleston	CAROLINE HEIGHT University of Tampa	EMMA KADEN Mount St. Mary's University	MAGGIE MARTIN New Jersey City University
MARY GLEASON University of Tampa	JAKE HEILOS Monmouth University	JOHNATHON KANE Brookdale	TOMMY MARTIN Moravian University
BLAKE GORSKI Momouth University	SEAMUS HEINE University of Alabama	LOA KATZ Brookdale	ZACK MARTIN University of Tampa
EDDIE GUNNELL University of Notre Dame	ELLA HERBERT FIT	MATTHEW KLANGASKY Rutgers University	LIAM MASSELLI Florida Institute of Technology
SABA GUVEN Rider University	LINDSAY HICKMAN Gettysburg College	DELIA KLINE Villanova University	CHARLIE MAWN Olin College of Engineering
JAMES HACKETT Washington College	ALYCIA HOLMES Brookdale	LIZA KRASOWSKI West Virginia University	KATIE MCCAFFERTY College of Charleston
TAYLOR HAMARICH Rutgers University	LIAM HOVERTER University of Maryland	SOPHIE KREBS UC Boulder	MARIN MCCARTHY University of South Carolina
MAX HARTELIUS Virginia Tech	JHAMIER HOWARD Pace University	ASHLEY LARA ALTAMIRANO Brookdale	ELLE MCCORMICK Indiana University



BRYNN MCDONALD Virginia Tech	JACK O'SHEA The College of New Jersey	KEVIN PRIME University of Tampa	IAN STARK Jefferson University
RIVER MCGUIRE Brookdale	AMY OLMEDO Brookdale	JACK QUINN Florida Atlantic University	MEGHAN STEHLE Marist College
CAT MCKIEVER University of Southern Cal	RYLYN ORLANDO University of South Carolina	LOGAN RIDGE Catholic University of America	DALIL SULUKI Wagner College
KIERAN MCMENAMAN Brookdale	KATIE PARADISE Fordham University	LINDSAY SANCHEZ West Chester University	CORY SUTTON Stockton University
NUTSA MERABISHVILI Rutgers University	BRETT PATTEN St John's University	DAEMION SANTOS University of South Carolina	GRACEY TOLOMANOSI Coastal Carolina University
DYLAN MILLER Eckerd College	QUINN PETERS Monmouth University	SAM SARZEN University of Cal Santa Barbara	AVA VUKOVICH Loyola University Maryland
ETHAN MILLER Florida State University	MIA PETRI LIM University	THOMAS SCHNURR University of South Carolina	NATALIE VUKOVICH University of Delaware
CAROLE MORAN University of South Carolina	MATTIE PETRONE Coastal Carolina University	MEI SCRABIS College of Charleston	SOFIA WALL University of Southern Cal
MOLLY MORRIS Haverford College	EMILIE PIERCIEY University of Delaware	MICHAEL SHEERIN University of Alabama	THOMAS WATSON University of Tennessee
ALEXANDRA NISSIM University of South Carolina	HOBIE PILLING High Point University	EMMA SHROPSHIRE Quinnipiac University	GRAHAM WEBER Brookdale
MARY ROSE O'CONNELL UNC Wilmington	DARIAN POLING College of Charleston	AMY SMITH James Madison University	LILA WITKIN University of Delaware
ANNABELLE O'DONNELL College of Charleston	KAT POLING Coastal Carolina University	CJ SROUR University of Connecticut	PERCY YASENCHAK Rowan University
MATT O'DONNELL Pace University	MATT PORAZZO Monmouth University	PEYTON ST. CLAIR College of Charleston	COSTANZA ZAMBRANO Monmouth University
GRIFFIN O'HEAR Virginia Tech			

Boys Fall against Wall in Intense State Final

By: Reagan Scime

The Manasquan Warriors Boys Lacrosse Team had a dominating run in the NJSIAA Tournament, South Jersey, Group 2. Over the course of the four-game tournament, Manasquan combined for a total of 57 goals scored. With the guidance of Coach Cunningham, the boys swept the first two teams with ease. The real challenge came with the semifinal and final round, which the Warriors faced the Holmdel Hornets and the Wall Knights.

In the first round on May 26th, Manasquan faced Ocean Township resulting in a 20-0 shut-out. The odds, by far, favored the Warriors which proved to not be wrong. A number of younger players saw the field and they earned a considerable amount of varsity playing time. Junior Cole Schwartz tallied a goal alongside Sophomore Dean Hamrich who netted one as well. Freshman Lucas Longo earned 1 point with his goal. Ty Thermann took 16 face-offs and won 15 of them; his face-off percentage is 94%. Sophomore Luke Herbert took 7 face-offs and freshman Will Conway took 1. Sophomores Pat Loxley and Cooper Daly each stepped into goal to face some shots; Pat having 1 save recorded and Cooper with 2.

On May 31st, Manasquan faced Seneca in the second round of the state tournament. The Warriors came out on top with a win of 18-3. Five goals were netted in a stellar per-



Above: (From Left to Right) Seniors Blake Gorski, James Farinacci, and Matt Porazzo pose for the camera.

formance by the Lehigh commit, junior Brody Muly. Seniors Matt Porazzo, James Farinacci, and Blake Gorski had two a piece while sophomores Brandon Kunz and Ryan Aldi also had two goals to their names. Juniors Joe Carabetta and Cole Schwartz had 1 goal each while sophomore Matt Schneider had 1 goal and 1 assist. Nick Bounassi and Pat Loxley had a solid performance in their time in between the goal posts.

The challenges started to get harder when Manasquan was set to face Holmdel in the semifinal

Below: Sophomore Ryan Aldi hugs his teammate.



continued from previous page

round. Earlier in the season, the Warriors beat the Hornets in a nail-biting 11-8 win in the quarterfinal round of the Shore Conference Tournament. This time around, Manasquan had a little bit more room to breath with a 10-4 win on June 2nd. Goals were produced from James, Matt, and Brandon.

In the final round, the Warriors faced their cross-town rivals, the Knights from Wall. Somehow Manasquan always plays Wall in the biggest games of the year. Equally matched, there is a new winner every time. The turnout for this game was epic, with student sections from each town chirping at the players. This game happened to be a very intense, physical game between the two. In the first quarter, Manasquan fell 4-1 to Wall and at the end of the



first half, Manasquan was trailing 3-7 to the Knights. The Warriors were fired up and ready to dominate the second half. In the third quarter, they scored two goals to make the game 9-5, but still trailing. In the fourth and final quarter, Manasquan scored four straight to tie the game. However, in the last couple seconds, Wall scored the game-winning goal to win the State Championship.

Although the outcome wasn't what Coach Cunningham, the seniors, and the rest of the team hoped for, they had a successful season overall. They ended with a record of 17-5 and look to come back next season stronger than ever. Wishing the best to graduating seniors Matt, Blake, and James, on their next step in their lives. Matt will be continuing his lacrosse career at Monmouth University and James will be playing lacrosse as Middlebury College. Blake will be continuing his academic career at Monmouth University.





Boys Track On The Rise

Success in counties and states shows team's progress

Angelina George

The Manasquan High School track team is a program on the rise, and one to watch out for in the coming years. With the numbers constantly building, there will be a pool of talent on this team in the coming years.

The boys track program is led by Seniors Jhamier Howard, Dalil Suluki, and Cael Driscoll. Coming off of some recent success at the Shore Conference championships and the Monmouth County Championships senior Dalil Suluki is hopeful for a bright future for the boys. "It's kind of surreal to see the improvement and growth that this team has underwent through my time at Manasquan High school" said Suluki.

The highlight performances for the boys these past two weeks consisted of a 6th place finish in the 400-meter hurdles and a 7th place finish in the 110 hurdles for Dalil Suluki. Along with that Cael Driscoll placed 2nd in the high jump, jumping 6-2 for the first time. Super frosh Jose Gonzalez Beltran and Achilles Etienne were the 3rd and 4th best freshman in the Shore Conference.

At the Monmouth County Championships Cael Driscoll and Jhamier Howard went 3 and 6 in the high jump. Along with that outstanding team showing Dalil Suluki placed 5th and Declan Murphy placed 18th in the 400 meter hurdles. Chris Reyes was the 6th best underclassmen in the 800, and Michael O'Connor was the 5th best underclassmen in the 3200.



The boys take a picture before racing the 4x400

Head coaches Michaela Read and Brian Prendergast also feel hopeful about the bright future for the boys track team here at Manasquan. "I'm just so incredibly proud of the hard work that these kids have put in, their seeing the results, and they still want more" explained Prendergast. Read wanted to touch on the fact that these boys constantly have to make the best of what they've been given, "We don't even have a full track, we have a half a half of a track so for these boys to still be able to go out and dominate shows that with hard work and determination we can accomplish anything!"

This past weekend the boys had an amazing showing at the group 2 central sectionals. Cael Driscoll came away with the

continued on next page



Dalil Suluki hurdling to the finish line to win his heat of the prelims at Monmouth County's



Squan Boys Tennis Finish their Season

By Lily Hendricks

The MHS boys tennis team Coached by Ryan Ritchey just finished an amazing season, finishing with an record of 11-6.

A major accomplishment for the team this season was finishing in 4th place for the Monmouth County Tournament.

"It was a huge accomplishment for us to finish fourth, there are many talented teams in the tournament." Coach Ritchey said.

The team had a very nice win over Red Bank

Regional who play at a similar level as them, with a score of 4-1.

This season the boys dominated over Wall twice in a rivalry match by the score of 5-0 both times.

Junior Anthony Chermark had an outstanding season with an individual record of 13-4. He also has qualified for the State Singles Tournament coming up this upcoming weekend.

The first doubles team of senior Thomas Watson and senior Liam Hoverter had a great season at first doubles and also qualified for the doubles tournament this weekend.

The tennis team also had a great match on Senior Day against Colts Neck with a 4-1 win.

The team earned eighth seed in the Shore Conference Tournament but had lost to the ninth seed, Manalapan, 4-1.

Anthony Chermark got the Warriors a win at first singles.

"We are eight and they are nine, the matches were tight. I was hoping we could get one of the singles and we did." said Coach Ritchey.

The team finished the season last week with a great record, the only thing next is the State Tournament. Go Squan!

Seniors line up for a picture on Senior Day



Boys Track

continued from previous page

double win in both the high jump and the long jump. Cael jumped 6-2 in the high jump and 21-4 in the long jump to get the win. Other standout performances were Jhamier Howard placing 6th in the high jump for the final qualifying position. Dalil Suluki also qual-

ified for the next round of states in 2 events. Dalil placed 5th in the 400 meter hurdles and 3rd in the 110 meter hurdles. The boys finished 7th in their very competitive section with a total of 29 points. 20 of which were score by Cael Driscoll. Both the coaches and trackletes were excited about this showing and are excited to see what else they can do next week at the Group 2 championships!

Girls Enjoy Record-Breaking Track Season.

By: Julia Fahy

This year the Manasquan girls track team is breaking records left and right. As the team is starting to enter Shore Conference and other championship meets, the girls are not holding back.

The team has been practicing hard all season and are showing their true potential. "Hard work is the most important thing in the sport, if you're not naturally fast but work hard to get better, you'll see great results," says junior athlete Kat Keefe, who holds 7 school records.

On top of school records being beat, the athletes are also

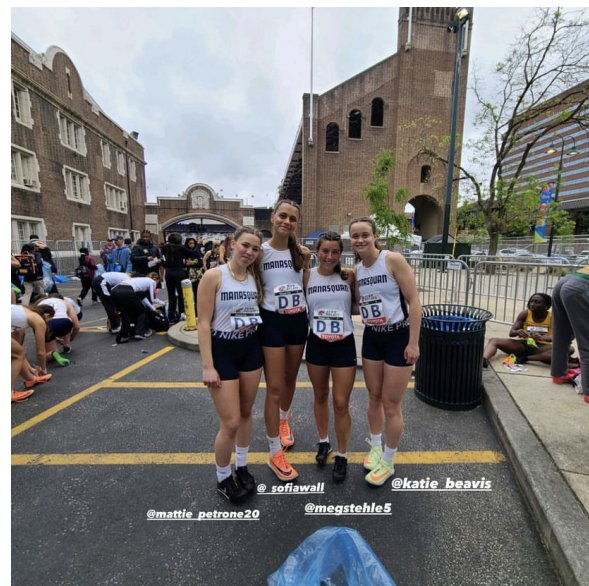


Above: Dylan Clancy, Angelina George, Charlotte Stroff, Kat Keefe

improving on themselves and making sure they are the best they can be. "For this season I am hoping to get a new personal record, which my next one would be 5 feet. So far this year I started at jumping 4 feet 6 inches, to now 4 feet 10 inches," says senior athlete Sofia Wall.

Most recently, the girls ran in the Shore Conference meet. "A lot of runners did good and felt good about their times," said freshman runner Claire Falkowski.

As much as personal records are important, so is making sure the team as a whole is doing well.



Above: Girls at Penn Relays

"I'm excited to see the growth of the team and how much it expands," said star sophomore runner Angelina George. Angelina has broken 3 records in this outdoor season so far but has broken many in indoor, and has time to break even more. Angelina showed out when she finished 2nd in the Group 2 state finals.

Now the girls are getting prepared to run in the State Sectionals. Their focus is shifting to more serious goals and working hard.

With a lot of exciting meets ahead the team has a lot to look forward to and has plenty of room for even more records to break.



Above: Angelina at the starting line

The True Warriors of Squan Girls Lacrosse

By: Finley Nielsen

It was a hot and sunny day in April when Ali Evans, Kali Saito, and Bianca Chiarella each had gotten a hat-trick for Manasquan-No. 13 in NJ.com's Top 20.

Giving the team a final victory of 16-5 to Holmdel during the Shore Conference 'B' North divisional matchup. Manasquan and Lacrosse go hand in hand, and for the Girls at MHS, winning is something that come naturally to them, and this game was no exception.

Talia Blum had an important game, scoring two goals and assisting on four others for Squan who have scored double-digit goals in three of its first four games. The defending SJG2 sectional champions hopes were high going into their game against RFH this past weekend. Sadly, the girls had a tough loss, but they are keeping their heads held high for their next game against Trinity Hall on May 25th.

The positive chemistry on the team is what makes them one of a kind. Talia Blum, Junior told the Coast Star, "I think we are finding our groove as a team. We have played together for a long time. I think we are finally getting there..."

The team is made up of the next all-stars that have already committed to countless D1 athletic programs. Senior Ali Evans has committed to play at Duquesne University in Pittsburgh, Pennsylvania. 5 Juniors have also committed to play, throughout their college



Above: Bianca Chiarella is about to have a shot.



Above: Ali Evans about to score; below: Talia Blum cradling down the field



career. Those players are Bianca Chiarella (Rutgers), Julianna Farinacci (Delaware), Kali Saito (Temple), Belle Porazzo (Jacksonville), Ellie O'Shea (Stonehill).

For the Girls at MHS, winning is something that come naturally to them. The girls have had some tough competition for them this year with their two biggest rivals being, Rumson Fair-Heaven, Trinity Hall, and Red Bank Regional. But the girls never gave up and proved that they belonged with the big dogs.

Kali Saito who is a Junior and committed to Temple University - said that she knows that the team is capable of a lot- because the team is a lot bigger and better than last year. "I think we are capable of achieving a lot"

Last season's motto was "Be Better" and the team has already chosen to build on that. Their countless goals literally and physically are what makes the team complete.

The girls headed to states on 6/1 against Allentown. The Warriors started off strong in the begging of the game but sadly, could not pull off a win. According to some of the girls on the team, the referees made three bad calls in a row that greatly affected the game, and the players' minds.

Elle Vitanzo, who is a freshman, said that "The calls were definitely out of the norm, and with the heat our team just fell apart."

But the girls gave it their all until the end of the game, and even though they did not win, they are already looking forward to next year and winning that championship!

WARRIOR SPORTS

